



# CHRISTMAS MEET 2022



EUROPA POOLS, BIRKENHEAD

December 3rd and 4th 2022

This competition is promoted by Craig Pickering on behalf of Wirral Metro Swimming Club, and will be held under ASA Laws, Regulations, and FINA Technical Rules of Swimming.

This event is Licensed Level 3, 3NW22181 by the ASA for entry into Regional, District and County Championships

MEET ENTRIES/ENQUIRIES TO:

Craig Pickering (Gala Secretary)  
41 Neale Drive  
Greasby  
Wirral  
CH49 1SL

Email: wirralmetro@hotmail.com

## THIS MEET IS FIRST COME FIRST SERVED

Entries should be on Hy-tec Lite via zipped e-mail and will not be considered until full payment has been received.

Payment to be made on one combined cheque, made out to Wirral Metro S.C. or by BACS see below for Account details

Paper based entries are welcome for clubs, the individual entry form is attached

All times submitted must be for a 25m short course pool, converting if necessary, using A.S.A. equivalent Performance Tables.

All submitted times must **NOT** be faster than the published entry times.

Successful entries will be confirmed via email.

As many heats as possible will be run in the time available for the Meet. The promoters reserve the right to amend the number of heats in each event depending on entry numbers. Heats will be swum with all age groups combined and swimmers seeded by entry times. **The external cut off date for entry receipt is Monday November 14<sup>th</sup>, 2022. Unless the gala is full earlier and closed, clubs will be notified by email and a post will appear on the Website and Social Media.**

As soon as possible after the closing date or earlier if closed as full, accepted entries will be emailed to all clubs and also posted on the Wirral Metro website, together with any information in respect of entries not accepted if any. All refunds if any will be made 'on block' to the club submitting the entries, these will be sent by BACS.

Please do not send entries via recorded/tracked/signed for delivery

**ENTRY FEES:** Electronic (Hytek) entries are **£7.00** and **All other entries are £8.00** per event.

**NO ENTRIES WILL BE ACCEPTED UNTIL PAYMENT FOR ENTRIES ARE RECEIVED EITHER BY CHEQUE (PAYABLE TO WIRRAL METRO SC) OR DIRECTLY TO THE WIRRAL METRO BANK.**

ACCOUNT NUMBER: 10944157

SORT CODE: 202950

**IF PAID ELECTRONICALLY PLEASE PLACE NAME OF SWIMMER OR CLUB UNDER THE REFERENCE AND ADVISE THE MEET PROMOTER BY EMAIL SEPARATELY**

ALL withdrawals should be carried out using the form provided or by email to the above address at least 30 min's before the start of each warm up. It is the swimmer's responsibility to report to the competitor's steward when their event is called. All events will be swum in 'integrated age groups' with seeding by submitted times. All events are HEAT DECLARED WINNER. (H.D.W.)

The meet will run under the ONE START RULE, using over the top starts whenever possible.

Times and places shown on the electronic score board are for information only and not necessarily the official result.

A Strobe Light is available during the running of this Gala.

## THE REFEREE'S DECISION IS FINAL

**Refunds will only be given:** Where a competitor has to withdraw on medical grounds subject to an appropriate medical certificate being received by the Meet Promoter

The meet promoter reserves the right to limit entries. In the event that entries are rejected the entry fee will be refunded, a BACS payment will be sent to each club in question.

### POOLSIDE PASSES:

Coaches and team managers Weekend Passes @ **£15.00** to include entry to poolside programme and result sheets which will be emailed as soon as possible after the event. Passes are transferable within a club, but a list of all attending Coaches and Team Managers must be submitted before the meet, together with an indication which session they will be present for.

All Coaches and Team Managers must be in possession of a valid CRB check

None pass holders will be refused entry onto the poolside. Passes to be worn at all times.

### **THERE WILL BE NO ACCESS TO POOLSIDE FOR ANYONE WITHOUT A POOLSIDE PASS**

Wirral Metro Swimming Club accepts no responsibility for loss or damage to competitors belongings, how so ever caused, unless such damage is caused by the negligence of Wirral Metro Swimming Club. Wirral Metro Swimming Club and the Meet Organisers are not responsible for individual swimmers on poolside and that responsibility should be taken by an appropriate individual. All swimmers on poolside should be accompanied by a person with a coach pass, who has had a CRB check and preferably attended good practice course

### AWARDS:

Medals will be awarded to the three fastest swimmers in each event.

9, 10, 11, 12, 13, 14/over Girls.

9, 10, 11, 12, 13, 14/over Boys.

Age as at 4<sup>th</sup> December 2022

### HEALTH & SAFETY

All swimmers and other personnel must abide by the Health & Safety rules laid down by the venue Management.

Team-Managers and Parents shall be responsible for their swimmers conduct at all times. Any person contravening these rules may be excluded from taking part in our meet.

Any person wishing to engage in photography or video use must register their details at the spectator entry desk. The photography pass is not transferable and must be worn at all times.

Swimmers must be supervised during warm-up by their Club Coach/Poolside Official.

**NB. Rather than entering with No Time please get a Coaches Time it makes the running time of the event more accurate and may allow more entries into the Gala. For these times, please get your coach to initial them as conformation.**

SATURDAY 3rd DECEMBER 2022

Session 1

Warm Up 08.00

Start 09.00

Session 2

Warm Up TBA

Start TBA

EVENT			EVENT		
1	BOYS 9-18yrs	400m Free	9	BOYS 9-18yrs	100m IM
2	GIRLS 9-18yrs	200m IM	10	GIRLS 11-18yrs	400m IM
3	BOYS 9-18yrs	100m Back	11	BOYS 9-18yrs	200m Free
4	GIRLS 9-18yrs	100m Breast	12	GIRLS 9-18yrs	100m Free
5	BOYS 9-18yrs	50m Fly	13	BOYS 9-18yrs	100m Fly
6	GIRLS 9-18yrs	50m Free	14	GIRLS 9-18yrs	50m Breast
7	BOYS 9-18yrs	200m Breast	15	BOYS 9-18yrs	50m Back
8	GIRLS 9-18yrs	200m Back	16	GIRLS 9-18yrs	200m Fly

SUNDAY 4<sup>th</sup> DECEMBER 2022

Session 3

Warm Up 08.00

Start 09.00

Session 4

Warm Up TBA

Start TBA

EVENT			EVENT		
17	GIRLS 9-18yrs	400m Free	25	GIRLS 9-18yrs	100m IM
18	BOYS 9-18yrs	200m IM	26	BOYS 11-18yrs	400m IM
19	GIRLS 9-18yrs	100m Back	27	GIRLS 9-18yrs	200m Free
20	BOYS 9-18yrs	100m Breast	28	BOYS 9-18yrs	100m Free
21	GIRLS 9-18yrs	50m Fly	29	GIRLS 9-18yrs	100m Fly
22	BOYS 9-18yrs	50m Free	30	BOYS 9-18yrs	50m Breast
23	GIRLS 9-18yrs	200m Breast	31	GIRLS 9-18yrs	50m Back
24	BOYS 9-18yrs	200m Back	32	BOYS 9-18yrs	200m Fly

**ANY POINTS NOT COVERED ARE AT THE DISCRETION OF THE PROMOTER**

**WE ARE ASSUMING THAT SPECTATORS WILL BE ALLOWED INTO THE VENUE TO SEE THE GALA, THIS MAY CHANGE AND WE WILL KEEP YOU INFORMED, WE ARE UNDER THE ADVICE AND INSTRUCTION OF WIRRAL BOROUGH COUNCIL.**

**Club Competition Secretary Electronic Entries Submission Form:**

Contact Details	
Name of Club	
Contact Name	
Email	
Tel No	
Address	

Entry Details			
	Number	Fee	Cost
Boys Entries		@£7.00	£
Girls Entries		@£7.00	£
Total Entries			
Coaches' Passes		@£15.00	£
Total cheque included			£

- Email your electronic entry files to [wirralmetro@hotmail.com](mailto:wirralmetro@hotmail.com) by the closing date
- In addition to the above point please send this form, a printed report of your electronic entry and if paying by cheque (payable to Wirral Metro Swimming Club) by the closing date where possible to:

**WHOEVER AND WHEREVER THEY LIVE**

**Officials: (If you are entering 8 or more swimmers can you supply an official J1 or above)**

Do you have any qualified officials who would be available to help at any of the sessions? If so please include below.

Name	Level (Judge,T/K, Starter)	Sessions Available			
		1	2	3	4

No swimmer should enter a time faster than those indicated below

Upper age limit is 18 years of age as at the 4th December 2022.

BOYS UPPER TIME LIMIT							Girls UPPER TIME LIMIT					
Age 9	Age 10	Age 11	Age 12	Age 13	Age 14+		Age 9	Age 10	Age 11	Age 12	Age 13	Age 14+
31.00	30.00	29.00	28.00	25.00	23.00	50 FREE	33.00	31.00	29.00	28.00	27.00	25.00
1.05.00	1.03.00	1.02.00	1.00.00	56.00	51.00	100 FREE	1.07.00	1.05.00	1.04.00	1.03.00	59.00	56.00
2.20.00	2.15.00	2.10.00	2.05.00	2.03.00	1.55.00	200 FREE	2.23.00	2.17.00	2.12.00	2.07.00	2.05.00	2.02.00
5.15.00	5.10.00	5.00.00	4.45.00	4.30.00	4.15.00	400 FREE	5.15.00	5.10.00	5.00.00	4.50.00	4.40.00	4.35.00
37.00	35.00	33.00	32.00	30.00	27.00	50 BACK	38.00	37.00	35.00	33.00	31.00	29.00
1.15.00	1.12.00	1.10.00	1.06.00	1.02.00	57.00	100 BACK	1.17.00	1.15.00	1.14.00	1.10.00	1.06.00	1.02.00
2.40.00	2.30.00	2.25.00	2.22.00	2.19.00	2.05.00	200 BACK	2.50.00	2.45.00	2.38.00	2.30.00	2.22.00	2.18.00
45.00	41.00	38.00	35.00	32.00	28.00	50 BRST	45.00	41.00	38.00	35.00	33.00	30.00
1.35.00	1.32.00	1.28.00	1.21.00	1.13.00	1.06.00	100 BRST	1.35.00	1.32.00	1.28.00	1.21.00	1.15.00	1.10.00
3.20.00	3.10.00	2.55.00	2.40.00	2.30.00	2.20.00	200 BRST	3.20.00	3.10.00	2.55.00	2.45.00	2.34.00	2.29.00
40.00	36.00	34.00	32.00	28.00	25.00	50 FLY	40.00	36.00	34.00	32.00	29.00	27.00
1.25.00	1.20.00	1.13.00	1.07.00	1.00.00	57.00	100 FLY	1.27.00	1.22.00	1.16.00	1.10.00	1.05.00	1.01.00
3.10.00	3.00.00	2.40.00	2.30.00	2.18.00	2.05.00	200 FLY	3.10.00	3.00.00	2.45.00	2.40.00	2.25.00	2.15.00
1.22.00	1.15.00	1.11.00	1.07.00	1.04.00	59.00	100IM	1.20.00	1.15.00	1.11.00	1.08.00	1.06.00	1.03.00
3.00.00	2.50.00	2.40.00	2.30.00	2.15.00	2.05.00	200IM	3.00.00	2.50.00	2.40.00	2.33.00	2.20.00	2.12.00
		5.25.00	5.10.00	4.50.00	4.35.00	400IM			5.40.00	5.30.00	5.05.00	4.50.00