



city of **m**anchester aquatics swim team



Manchester International Swim Meet (MISM) 2019

This competition is promoted by The City of Manchester Aquatics Swim Team (COMAST), and will be held under SE Laws and Regulations and FINA Technical Rules of Swimming. The event is Licensed Level 2 Meet (2NW180649) by the SE for entry into National, District, and County Championships.

- Date:** Saturday 19th October 2019 – Sunday 20th October 2019
- Venue:** Manchester Aquatics Centre
2 Booth Street
Manchester
M13 9SS
- Facility:** 25 metre, 8 Lane, constant 2 metre water depth deck level pool with anti-wave lane ropes, continuous 25m, 6 lane warm up/swim down facilities*. Omega electronic timing with electronic display, electronic meet software.
- Events:** 50m, 100m, 200m, 400m, 800m and 1500m Freestyle
50m, 100m, 200m Backstroke, Breaststroke, Butterfly
200m, 400m Individual Medley
4 x 50m mixed freestyle and medal relays
- Swimming Groups:** Women
- Open - 17/Over
 - Junior - 16/Under
- Men
- Open - 18/Over
 - Junior - 17/Under

Ages at 31st Dec 2019



| | | |
|-----------------------|--|-----------------------------------|
| Session Times: | Session 1 – Saturday 19 th October 2019 | 08:00 warm up – 09:00 start |
| | 30 MINUTE BREAK | |
| | Session 2 – Saturday 19 th October 2019 | |
| | Session 3 – Saturday 19 th October 2019 | FINALS - TBC subject to programme |
| | Session 4 – Sunday 20 th October 2019 | 08:00 warm up – 09:00 start |
| | 30 MINUTE BREAK | |
| | Session 5 – Sunday 20 th October 2019 | |
| | Session 6 – Sunday 20 th October 2019 | FINALS – TBC subject to programme |

Timings for session 2 and 5 will be published by Friday 14th October.

Consideration Times: Entry times for this meet are as stated in the National Licensing Guidelines. Swimmers must have achieved these times in order to qualify for entry.

Entry times must be 25m times or 50m times converted to 25m times.

Entries: All entries must show clearly the swimmers full date of birth, registration number, and club name.

COMAST reserves the right to restrict entries in the interests of safety, time constraints, and to ensure the smooth running of the competition. If the number of entries received for the meet becomes untenable, the promoters reserve the right to limit the number of entries accepted to enable the competition to meet SE licensing requirements. Where this rule is invoked the swimmers with the fastest submitted times shall take precedence. Events chosen for restriction will be at the discretion of COMAST. Any deletions made will be equally proportionate from each age year, and will endeavour to ensure an equal balance of swimmers across the age groups and events Refunds for entries not accepted will be available for collection at the start of the meet.

Submitted entry times shall be used for seeding and rejection purposes as required. All submitted times must be short course times. Once an entry has been submitted improved times will not be accepted.

After the closing date for the competition each club will be sent by email details of their entries stored by the meet management software. These should be used to cross check the accuracy of those entries and to allow any necessary corrections to be made. Corrections need to be sent to mism@cityofmanchesterswimteam.co.uk before the 5th October 2018. The final gala programme will be produced as a result of any corrections that are received.

Random checks will be made against the current Swim England rankings database and any swimmer found to be submitting false times will be rejected from all events, unless a result sheet is available to confirm entry times.

Entries of 3 or more swimmers from the same Club must be made electronically. Entries of 2 or less swimmers from the same Club may be made using the official meet entry form. Unless arranged and agreed in advance with the Meet Promoter, entries not adhering to this condition will be rejected without consideration.

Teams for Mixed Freestyle and Medley relay will consist of 4 swimmers (2 Female & 2 Male swimmers, swimming in any order) and can be made up of Senior or Junior Swimmers. Relays will be swum as the last event of sessions 2 and 4 and in the event there are more than 8 teams with



more than 1 heat needed then they will awarded as HDW. Entry form for relays will be included in the poolside passes on the day.

Multi Classification All competitors who have a disability that prevents them from complying with the rules of a particular stroke and who have a confirmed classification (disability status on BS membership database) or a certificate of swimming disability, should submit details of this to the meet referee prior to each swim. There are no separate consideration times for MC swimmers.

Entry Fee: £9.00 per event
£15.00 per Relay team

Heats and Finals Session 1 and 4 will be the heats for the open swimmers, with the fastest 8 progressing to the finals in the afternoon.

Session 2 and 5 will be the heats for the junior swimmers, with the fastest 8 progressing through to the afternoon finals

800m and 1500m freestyle will be swum in the morning sessions and will be HDW for both junior and open.

Awards: The first, second, and third placed swimmers in each of the evening's finals, shall be awarded gold, silver, and bronze medals respectively. The first, second and third placed junior and open swimmers from the morning's 800m and 1500m freestyle and Mixed Freestyle and Medley relay from the afternoon shall be awarded gold, silver, and bronze medals respectively.

Closing Date: The closing date for entries is **Friday 20th September 2019.**

The electronic entry file can be downloaded from cityofmanchesterswimteam.co.uk

Email the entry file to meetmanager@cityofmanchesterswimteam.co.uk entry fees, one combined cheque per club, and club summary entry form should be sent to:

Paul Ovens
COMAST Meet Director
1 Kendrick Close
Weaverham
Cheshire
CW8 3NF

Overseas Clubs: The promoter reserves the right to guarantee entries of up to a maximum of 4 clubs and not exceeding a total of 200 entries, where booking of flights is required to travel to and from the event. All entries must meet the published consideration times, proof may be requested. This will be on a first come first served basis and application must be by email to the promoter on meetmanager@cityofmanchesterswimteam.co.uk

The promoter strongly recommends that no travel arrangements are confirmed until the club receives a written confirmation of entry.



Poolside Pass:

Each coach/team manager requiring access to poolside must be in possession of a pass issued by COMAST. It is mandatory that all coaches/team managers comply with the relevant Child Protection Procedures with their relevant governing body and have an up to date DBS certificate.

Passes will be issued in the name of the club and are transferable between club personnel. Clubs must purchase sufficient poolside passes so that all of their team staff members are in possession of a pass when they are on poolside. The passes along with programmes, withdrawal forms, relay entry form and other information can be collected at the desk at front of house from 7.00am on the day of the meet.

Coaches/Team managers pass (to include poolside access and programme) is £25.00 for the weekend or £20 for Saturday or Sunday only

Any team that attends the meet and provides at least ONE Licenced Technical Official for at Least 2 of the 6 Sessions will be entitled to 1 Free of Charge 1 Day Coaches Pass for the Event.

Withdrawals:

Coaches/Team Managers or swimmers **MUST** notify the recorders of any swimmers withdrawing from an event before the published warm-up for the session in which the event is due to be swum. Details of any withdrawals can be text to 07494-008938, emailed to withdrawals@cityofmanchesterswimteam.co.uk or lodged at the medal / results room on the appropriate form on the day

Individual Events

Withdrawals from **morning heats must be notified no later than 45 Mins before the event starts. All Withdrawals must state NAME, CLUB, EVENT, COMPETITOR Number.**

Finals

The names of the 8 finalists and 2 reserves will be announced as soon as practical after the completion of each event.

Finalists and reserves who do not intend to compete in a final must withdraw by completing the relevant form, which will be available in the medal/results poolside room, no later than **15 Mins** after the announcement of the finalist for an event.

Reserve finalists will be released once the start lists for the final session have been published i.e. they are not required to report to marshalling for their final, but they may do so if they wish (to fill any withdrawal at short notice)

Any finalist or reserve who fails to withdraw except in the case of genuine illness or a proven emergency) will be subject to a £10 fine.

When a reserve is brought in as a result of a declared withdrawal then the final shall be reseeded. Where a reserve is brought in at short notice the reserve shall occupy the vacant lane and there shall be no changes made to the allocation of other lanes.

Relay events

Team withdrawals and changes to team members can be made up to 1 hour prior to the start of the appropriate session and handed into the recorder's desk. After this time, no changes to swim order or swimmers shall be permitted except in the event of medical emergency after the start of the appropriate session.

**Prizes:**

Prize money will be awarded from a total pot in excess of £10,000. The prize money will be awarded to the top 12 Male and 12 Female, in the open class, and will be based on FINA points for an individual swim

| | | | | | |
|-----|------|-----|------|------|------|
| 1st | £800 | 5th | £350 | 9th | £150 |
| 2nd | £600 | 6th | £300 | 10th | £100 |
| 3rd | £500 | 7th | £250 | 11th | £75 |
| 4th | £400 | 8th | £200 | 12th | £50 |

The swimmer's coach will receive a 10% cash amount of their swimmers total prize money. A separate pot of money of £775 will be set aside for this reward.

Prize money of £50 will be awarded to the top female and top male swimmers in the following age groups; 10/11, 12, 13, 14, 15/16 & 17 boys and 10/11, 12, 13, 14/15 & 16 girls, except the open, and will be based on FINA points for an individual swim.

For a new World record, a new European record and a new British record swum in the Open and Junior class, the swimmer will receive prize money as follows;

| | |
|------------------------|-------------------------------|
| World Record - £400 | Junior World Record - £150 |
| European Record - £300 | Junior European Record - £100 |
| British Record - £200 | Junior British Record - £50 |
| MISM Record - £100 | |

Prize money for a World, European and British record will be paid upon ratification by the relevant swimming federation.

Presentations:

Prize money will not be presented, but can be collected at the end of the meet from the medal/result office.

For the finals medal presentation, Club T-Shirt, Shorts and Appropriate Footwear must be worn. Presentation will take place throughout the finals sessions 3 and 6

Refunds:

No refunds of entries will be given after the entries have been processed, except in the case of:

- A swimmer being subsequently selected to swim for their country on the same day

Results:

Live results will be posted at <http://cityofmanchesterswimteam.co.uk/>

Accommodation:

Please visit our website for further details <http://cityofmanchesterswimteam.co.uk> or contact the Meet Director



Other:

There are NO hot drinks to be taken onto Poolside at any time during the competition, unless they are in a Metal Flask with suitable tight fitting lid.

We kindly request that swimmers **DO NOT** use the poolside as a changing area, and that all swimmers use the changing rooms. Swimmers who are seen using the Poolside as a Changing Area will be asked to leave poolside.

Competitors are responsible for presenting themselves to the Stewards one event prior to the race in which they are competing. **It is the swimmers responsibility to be at the start in time for the race.**

Entries will be audited against the rankings published by the Swim England and any club may be challenged to demonstrate the authenticity of the information provided.

All persons are required to ensure that they observe all safety announcements and conduct themselves with safety in mind at all times.

You are strongly advised not to leave clothes or property around, and to use the lockers in the changing area. The Promoters or Pool management will not be held responsible for any loss or damage caused.

Both competitors and members of the general public share the changing facilities.

The Promoters or Pool Management reserve the right to refuse admission to any competitor or spectator.

Anything not covered above, and not printed in the programme, will be at the promoter's discretion.



CONSIDERATION TIMES FOR THE MANCHESTER INTERNATIONAL MEET 2019

| Men | | Event | Women | |
|----------|----------|------------------------|----------|---------|
| 17/Under | 18/Over | Year of Birth | 16/Under | 17/Over |
| Junior | Open | | Junior | Open |
| 26.75 | 25.25 | 50m Freestyle | 30.25 | 29.25 |
| 57.00 | 54.00 | 100m Freestyle | 1.06.00 | 1.03.00 |
| 2.06.00 | 2.00.00 | 200m Freestyle | 2.21.00 | 2.17.00 |
| 4.23.00 | 4.17.00 | 400m Freestyle | 4.51.00 | 4.43.00 |
| | | 800 Freestyle | 9.53.00 | 9.38.00 |
| 17.13.00 | 17.02.00 | 1500 Freestyle | | |
| | | | | |
| 31.00 | 29.00 | 50m Backstroke | 34.25 | 33.00 |
| 1.06.00 | 1.02.00 | 100m Backstroke | 1.14.00 | 1.11.00 |
| 2.21.00 | 2.17.00 | 200m Backstroke | 2.36.00 | 2.31.00 |
| | | | | |
| 34.00 | 32.00 | 50m Breaststroke | 39.25 | 37.75 |
| 1.15.00 | 1.12.00 | 100m Breaststroke | 1.25.00 | 1.22.00 |
| 2.39.00 | 2.33.00 | 200m Breaststroke | 2.56.00 | 2.53.00 |
| | | | | |
| 29.00 | 27.00 | 50m Butterfly | 33.00 | 32.00 |
| 1.04.00 | 1.00.00 | 100m Butterfly | 1.14.00 | 1.11.00 |
| 2.24.00 | 2.16.00 | 200m Butterfly | 2.44.00 | 2.37.00 |
| | | | | |
| 2.21.00 | 2.16.00 | 200m Individual Medley | 2.39.00 | 2.34.00 |
| 5.02.00 | 4.50.00 | 400m Individual Medley | 5.31.00 | 5.24.00 |

DO NOT SUBMIT ENTRIES THAT ARE SLOWER THAN THE CONSIDERATION TIMES.



INDIVIDUAL ENTRY FORM

| | | | | | |
|--------------|--|----------------------|---------|--|--|
| Name | | | | | |
| Club | | | | | |
| SE No. | | Gender | | | |
| DOB | | Age at date | | | |
| Disabled Y/N | | Disability S, SB, SM | | | |
| Address | | | Tel No. | | |
| | | | Email | | |

| Event | Entry Time (25m) | Date and Meet Time achieved |
|-------------------|------------------|-----------------------------|
| 50m Freestyle | | |
| 100m Freestyle | | |
| 200m Freestyle | | |
| 400m Freestyle | | |
| 800m Freestyle | | |
| 1500m Freestyle | | |
| 50m Breaststroke | | |
| 100m Breaststroke | | |
| 200m Breaststroke | | |
| 50m Butterfly | | |
| 100m Butterfly | | |
| 200m Butterfly | | |
| 50m Backstroke | | |
| 100m Backstroke | | |
| 200m Backstroke | | |
| 200m Ind. Medley | | |
| 400m Ind. Medley | | |

Total number of entries..... @ £9.00 per event. TOTAL.....

I certify that the above details are correct, I will abide by the promoter's conditions and that I am an eligible competitor in accordance with the laws of the Amateur Swimming Association.

Swimmer's Signature (or parent/guardians if under 18 years of age)

Date: /

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SUMMARY FORM

THE MANCHESTER INTERNATIONAL MEET 2019

| | | | |
|--------------|--|---------|--|
| CLUB | | | |
| Contact Name | | Tel No. | |
| Address | | | |
| Email | | | |

| | | | |
|---|--|---|---|
| No. of Girls entries | | @ £9.00 per event = | £ |
| No of Boys entries | | @ £9.00 per event = | £ |
| No of Relay entries | | @ £15.00 per team = | £ |
| No of Coaches passes | | @ £25.00 Both Days = | £ |
| No of Coaches passes | | @ £20.00 SAT/SUN (delete as applicable) | £ |
| TOTAL (Cheques made payable to The City of Manchester Aquatics Swim Team) | | | £ |

All forms should be sent with full payment Paul Ovens, CoMAST Meet Director, 1 Kendrick Close, Weaverham, Cheshire, CW8 3NF

For payment by electronic transfer our bank details are:- Royal Bank of Scotland, Account Name: The City of Manchester Aquatics Swim Team, Sort Code: 16-25-14, Account Number: 10183830, Swift/BIC: RBOS GB 2L, IBAN: GB15 RBOS 1625 1410 1838 30, Ref: Your home club name



RELAY FORM

| | |
|----------------------|--|
| CLUB | |
| Coach Name(s) | |

| Team Order | 200m Freestyle / 200m Medley (delete as appropriate) |
|-------------------|---|
| 1. Swimmer | |
| 2. Swimmer | |
| 3. Swimmer | |
| 4. Swimmer | |

| Team Order | 200m Freestyle / 200m Medley (delete as appropriate) |
|-------------------|---|
| 1. Swimmer | |
| 2. Swimmer | |
| 3. Swimmer | |
| 4. Swimmer | |

| Team Order | 200m Freestyle / 200m Medley (delete as appropriate) |
|-------------------|---|
| 1. Swimmer | |
| 2. Swimmer | |
| 3. Swimmer | |
| 4. Swimmer | |

THE MANCHESTER INTERNATIONAL MEET 2019

| Saturday 19 th October - Session 1 Warm up 8.00am Start 9:00am - Open | Saturday 19 th October - Session 3 FINALS Warm up & Start TBC | Sunday 20 th October - Session 4 Warm up 8.00am Start 9:00am - Open | Sunday 20 th October - Session 6 FINALS Warm up & Start TBC |
|---|---|--|--|
| Event 101 Women 200m Individual Medley Event 102 Men 200m Freestyle Event 103 Women 200m Breaststroke Event 104 Men 100m Butterfly Event 105 Women 400m Freestyle Event 106 Men 400m Individual Medley Event 107 Women 50m Butterfly Event 108 Men 50m Freestyle Event 109 Women 50m Breaststroke Event 110 Men 50m backstroke Event 111 Women 100m Backstroke Event 112 Men 200m Backstroke Event 113 Women 200m Butterfly Event 114 Men 100m Breaststroke Event 115 Women 100m Freestyle Event 116 Men 1500m Freestyle - Junior & Open | Event 301 Women 200m Individual Medley - Open Event 302 Women 200m Individual Medley - Junior Event 303 Men 200m Freestyle - Open Event 304 Men 200m Freestyle - Junior Event 305 Women 200m Breaststroke - Open Event 306 Women 200m Breaststroke - Junior Event 307 Men 100m Butterfly - Open Event 308 Men 100m Butterfly - Junior Event 309 Women 400m Freestyle - Open Event 310 Women 400m Freestyle - Junior Event 311 Men 400m Individual Medley - Open Event 312 Men 400m Individual Medley - Junior Event 313 Women 50m Butterfly - Open Event 314 Women 50m Butterfly - Junior Event 315 Men 50m Freestyle - Open Event 316 Men 50m Freestyle - Junior Event 317 Women 50m Breaststroke - Open Event 318 Women 50m Breaststroke - Junior Event 319 Men 50m backstroke - Open Event 320 Men 50m backstroke - Junior Event 321 Women 100m Backstroke - Open Event 322 Women 100m Backstroke - Junior Event 323 Men 200m Backstroke - Open Event 324 Men 200m Backstroke - Junior Event 325 Women 200m Butterfly - Open Event 326 Women 200m Butterfly - Junior Event 327 Men 100m Breaststroke - Open Event 328 Men 100m Breaststroke - Junior Event 329 Women 100m Freestyle - Open Event 330 Women 100m Freestyle - Junior Event 331 Mixed 4 x 50m Freestyle relay HDW | Event 401 Men 200m Individual Medley Event 402 Women 200m Freestyle Event 403 Men 200m Breaststroke Event 404 Women 100m Butterfly Event 405 Men 400m Freestyle Event 406 Women 400m Individual Medley Event 407 Men 50m Butterfly Event 408 Women 50m Freestyle Event 409 Men 50m Breaststroke Event 410 Women 50m backstroke Event 411 Men 100m Backstroke Event 412 Women 200m Backstroke Event 413 Men 200m Butterfly Event 414 Women 100m Breaststroke Event 415 Men 100m Freestyle Event 416 Women 800m Freestyle - Junior & Open | Event 601 Men 200m Individual Medley - Open Event 602 Men 200m Individual Medley - Junior Event 603 Women 200m Freestyle - Open Event 604 Women 200m Freestyle - Junior Event 605 Men 200m Breaststroke - Open Event 606 Men 200m Breaststroke - Junior Event 607 Women 100m Butterfly - Open Event 608 Women 100m Butterfly - Junior Event 609 Men 400m Freestyle - Open Event 610 Men 400m Freestyle - Junior Event 611 Women 400m Individual Medley - Open Event 612 Women 400m Individual Medley - Junior Event 613 Men 50m Butterfly - Open Event 614 Men 50m Butterfly - Junior Event 615 Women 50m Freestyle - Open Event 616 Women 50m Freestyle - Junior Event 617 Men 50m Breaststroke - Open Event 618 Men 50m Breaststroke - Junior Event 619 Women 50m backstroke - Open Event 620 Women 50m backstroke - Junior Event 621 Men 100m Backstroke - Open Event 622 Men 100m Backstroke - Junior Event 623 Women 200m Backstroke - Open Event 624 Women 200m Backstroke - Junior Event 625 Men 200m Butterfly - Open Event 626 Men 200m Butterfly - Junior Event 627 Women 100m Breaststroke - Open Event 628 Women 100m Breaststroke - Junior Event 629 Men 100m Freestyle - Open Event 630 Men 100m Freestyle - Junior Event 631 Mixed 4 x 50m Medley relay HDW |
| Saturday 19 th October - Session 2 30 Minute Break – Juniors | | Sunday 20 th October - Session 5 30 Minute Break – Juniors | |
| Event 201 Women 200m Individual Medley Event 202 Men 200m Freestyle Event 203 Women 200m Breaststroke Event 204 Men 100m Butterfly Event 205 Women 400m Freestyle Event 206 Men 400m Individual Medley Event 207 Women 50m Butterfly Event 208 Men 50m Freestyle Event 209 Women 50m Breaststroke Event 210 Men 50m backstroke Event 211 Women 100m Backstroke Event 212 Men 200m Backstroke Event 213 Women 200m Butterfly Event 214 Men 100m Breaststroke Event 215 Women 100m Freestyle | | Event 501 Men 200m Individual Medley Event 502 Women 200m Freestyle Event 503 Men 200m Breaststroke Event 504 Women 100m Butterfly Event 505 Men 400m Freestyle Event 506 Women 400m Individual Medley Event 507 Men 50m Butterfly Event 508 Women 50m Freestyle Event 509 Men 50m Breaststroke Event 510 Women 50m backstroke Event 511 Men 100m Backstroke Event 512 Women 200m Backstroke Event 513 Men 200m Butterfly Event 514 Women 100m Breaststroke Event 515 Men 100m Freestyle | |